In this paper, we first propose a novel construction of 16-quadrature amplitude modulation (QAM) near-complementary sequences with low peak-to-mean envelope power ratio (PMEPR) in orthogonal frequency division multiplexing (OFDM) systems. The proposed 16-QAM near-complementary sequences can be constructed by utilizing novel nonlinear offsets, where the length of the sequences is $n=2^m$. The family size of the newly constructed 16-QAM near-complementary sequences is $8\times (m!/2)\times 4^{m+1}$, and the PMEPR of these sequences is proven to satisfy PMEPR ≤ 2.4 . Thus, the proposed construction can generate a number of 16-QAM near-complementary sequences with low PMEPR, resulting in the improvement of the code rate in OFDM systems. Furthermore, we also propose a novel construction of 64-QAM near-complementary sequences with low PMEPR, which is the first proven construction of 64-QAM near-complementary sequences. The PMEPRs of two types of the proposed 64-QAM near-complementary sequences are proven to satisfy that PMEPR ≤ 3.62 or PMEPR ≤ 2.48 , respectively. The family size of the newly constructed 64-QAM near-complementary sequences is $64\times (m!/2)\times 4^{m+1}$.